



**28/9/2018, 15:30**

*Office of the European Parliament in Greece*

**Caring for Carers**

**“Young Carers in a Changing World”**

<b>15:30 - 16:00</b>	<b>Registration &amp; Welcome Coffee</b>	
<b>16:00 - 16:20</b>	Greeting on behalf of the European Parliament office in Greece and introduction from MEP Tomas Zdechovsky, MEP Konstantina Kuneva, former MEP Nikos Chrysogelos, former minister Marietta Giannakou, Professor George Christodoulou, Miia Mannikko, and Spyros Zorbas.	
<b>16:20 - 16:40</b>	Challenges and needs of young carers in Europe	Stecy Yghemonos
<b>16:40 - 17:00</b>	Siblings as carers – caught between demands on oneself, the family and the healthcare system	Dr. Reinhard Peukert, Dragana Kistner
<b>17:00 - 17:20</b>	Supporting the families of people affected by mental ill health in Europe	Miia Mannikko
<b>17:20 – 17:30</b>	The young carer becoming an adult	Dr. Kalliopi Panagiotopoulou
<b>17:30 – 17:40</b>	Young carers and parental mental illness: Why it is crucial to raise worldwide awareness and build up support	Stefania Buoni
<b>17:40 – 17:50</b>	Mental Health service user and carer associations in Greece	Panagiotis Chondros
<b>17:50 – 18:00</b>	<b>Networking Coffee / Art Exhibition</b>	
<b>18:00 – 18:10</b>	Civil service in the therapeutic community: problems, and challenges of a young caregiver	Lorenzo Mannu
<b>18:10 – 18:30</b>	The myth of laziness: Cognition matters	Dimitrios Kontis
<b>18:30 – 18:40</b>	Modern innovative tools for young carers	Alexandros Economou
<b>18:40 – 18:50</b>	Professionalisation of long-term care through supporting informal Caregivers	Dr George Pavlidis
<b>18:50 – 19:00</b>	<b>Discussion / Light Meal</b>	



Part of the Greek Carers Network activities is the conduct of informative events with the participation of healthcare professionals, psychologists, social workers and lawyers, who give answers to a wide range of medical, legal, educational and employment issues of interest to the public, especially to caregivers of people with a chronic disease or disability.

EPIONI on September the 28<sup>th</sup> 2018, organizes at the office of the European Parliament in **Athens**, a conference focusing on caregivers. The event is under the auspices of the Ministry of Health in Greece, the World Federation for Mental Health, the Hellenic Psychiatric Association, the European Brain Council.

The conference will feature prominent scientists such as Professor of Psychiatry George Christodoulou, Dr. Dimitrios Kontis, Dr. Kalliopi Panagiotopoulou, Mr. Panagiotis Chondros from NGO EPAPSY and Mr. Alexandros Oikonomou from NGO EDRA.

Other prominent speakers include Mr. Stecy Yghemonos, Executive Director of Eurocarers, Mrs. Margaret Walker, Executive Director of EUFAMI and Dr. Reinhard Peuker.

The event will give the opportunity to caregivers such as Mrs. Dragana Kistner from Germany and Mrs. Stefania Buoni, president and founder of COMIP, from Italy to share their personal experiences and discuss the challenges involved in caregiving.

The conference is organized with the support of MEP from Czech Republic, Mr. Tomas Zdechovsky, former MEP Mr. Nikos Chrysogelos and MEP Kostadinka Kuneva.

Former minister of Education and Health Mrs. Marietta Giannakou will deliver a welcome speech.